

# First Grade Newsletter

Thank you so much to the many parents who took the time to come to Back to School Night! It was wonderful to meet you. It is going to be a great first grade year!

Social Emotional Learning  
We are working on The Zones of Regulation. We are using tools and strategies to help us get back into the green zone.

Ways to work on a Growth Mindset at home: celebrate when you make a mistake and model how to laugh about it. Be honest with your child when things are challenging for you. Show your child when you are learning something new.

Language Arts  
We are building our reading stamina and can read for 20 minutes!

## Upcoming Events

Taco Dinner & Movie  
Saturday Sept 22  
Dinner 6:00 p.m.  
\$5 kids/\$8 adults  
Movie 7:00 p.m. free