

First Grade Newsletter

This month's nutrition goal is to eat more vegetables. We can do that by eating our veggies first and putting veggies in a smoothie at breakfast. In nutrition class we made kale chips and smoothies. Please see attached recipes if you would like to make these at home.

Bookflix is website that reads books to kids. If you are interested using it at home the username is wcademy & the password is wcademy.

In science we learned about artificial and natural light. We watched a video about bioluminescence.

100th day is Thursday February from 10-11:20. We need volunteers to set up and run stations. Please e-mail your Teacher if you can help.

In social studies we continued our symbols unit. We learned about the White House

Exploratorium Field Trip
Friday Feb 2
Leave at 9:30 return by 2:30
WE STILL NEED DRIVERS!

No school
mid winter break
Feb 19 -23