
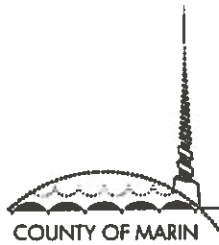




WEEKLY NEWSLETTER
February 2, 2018

<p>UPCOMING EVENTS</p> <p>February 19-23 Mid-winter Break, No School</p> <p>Thursday, March 1 Parent Council in Library 6:30 Topic: Project Based Learning</p> <p>Friday, March 16 Conference Day, No School</p> <p>Monday, March 19 Staff Day, No School</p> <p>Thursday, April 5 Parent Council in Library 6:30 Topic: Arts Integration</p> <p>April 9-13 Spring Break, No School</p> <p>Monday, May 28 Memorial Day, No School</p> <p>Thursday, May 31 Open House 6:00-7:00</p> <p>Save the Dates! Spring Music Extravaganzas have been scheduled:</p> <ul style="list-style-type: none">• K-2: Friday, May 4 1:00-2:00• 3-5: Friday, May 18 1:30-3:00• 6-8: Friday, June 1 2:00-3:00 <p>Wednesday, June 6 8th Grade Graduation 10:00 a.m.</p>	<p>A Message from Ms. Seekins</p> <p>Dear Willow Creek families,</p> <p>Many, many thanks to everyone who provided feedback through our Family Survey and at our special Parent Council meetings this week! We have already implemented some of the feedback we've received, and we continue to welcome your ideas both large and small. You might have noticed that the lunch menu is now available on the Quick Links section of the website—that one was an easy fix!</p> <p>If you haven't had a chance to complete our Family Survey yet, please do so when you are able. Your feedback is extremely valuable! The Survey will be available until 4:00 p.m. on Friday, February 9th, and it is accessible at https://surveymonkey.com/wca2018. We will also resend this link in a separate email message today. As a small incentive, we are offering a \$50 gift card to one randomly selected family who completes the survey by this date. Just a little way to say thank you. ☺</p> <p>Take care and have a great weekend!</p> <p>Best,</p> <p></p> <p>Tara</p> <p>Attendance Report Average Daily Attendance this week: 94% Funds lost this week due to absences: \$3,926 Total funds lost this year due to absences (est.): \$76,280</p> <p>Please remember that you can request an Independent Study for your child for any planned absence of 3 or more days. Please visit Ms. Aleshia in the front office to complete an Independent Study form at least 7 days before the absence is scheduled to begin.</p> <p>News and Reminders Student safety is our first priority. Please help us keep our students safe by parking only in our parking lots (not in the Kindergarten or MPR turn around areas) and by driving slowly as you approach campus.</p> <p>Chef Guillaume and his team would like to remind families to make sure their school meals program accounts are up-to-date. Our Conscious Kitchen program is off to a great start this year, and we need to make sure that we're collecting all of the payments due in order to keep it sustainable. Families can pay their accounts online by visiting mymealtime.com. Please contact Erin Baker with any questions about your account or about setting up online payments: ebaker@willowcreekacademy.org.</p>
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DEPARTMENT OF
HEALTH AND HUMAN SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



January 18, 2018

Dear Parents/Guardians,

Grant Nash Colfax, MD
DIRECTOR

Mathew Willis, MD, MPH
PUBLIC HEALTH OFFICER

Lisa M. Santora, MD, MPH
DEPUTY PUBLIC HEALTH OFFICER

3240 Kerner Boulevard
San Rafael, CA 94901
415 473 4163 T
415 473 2326 F
415 473 3232 TTY
www.marincounty.org/hhs

Influenza (aka the Flu) has come early in Marin, California and throughout the country. Influenza is a viral infection that affects your respiratory system and although the majority of people recover, some can become very ill and in rare cases it can lead to death. We are expected to have a severe flu season.

The flu is often confused with other viruses such as the common cold or the norovirus (also called the "stomach" flu) which causes nausea, vomiting, and diarrhea. The flu, unlike the common cold or the norovirus, comes on suddenly, has symptoms that are much worse, and is accompanied by fever.

Symptoms of the flu include fever over 100.4 F, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches and fatigue.

Please consider the following actions to keep your family and school community healthy:

- **Stay home** when you are sick, and keep your children home when they are sick. A person can spread the illness as long as 1 day before through 7 days after symptoms start. We recommend that a child with the flu does not return to school until they have not had a fever for 24 hours without the use of medication that treats fever, such as Tylenol or Motrin. If a person is in contact with a person sick with the flu, it usually takes 1 to 4 days for symptoms to start.
- **Wash your hands often** and thoroughly with soap and warm water or an alcohol-based hand sanitizer.
- **Cover your cough** using your elbow, and cover your sneezes with a tissue.
- **Avoid touching** your eyes, nose, or mouth.
- **Frequently clean** commonly touched surfaces and objects, such as doorknobs and cell phones.
- **Get vaccinated annually.** It is not too late to get the flu vaccine. Even if it is not 100% effective, it can help reduce the severity of symptoms, hospitalizations and deaths related to the flu. Also, flu strains change through the season so the vaccine may prove more effective in some cases than in others. As a reminder, children younger than 9 years getting the flu vaccine

for the first time must have 2 doses at least 4 weeks apart. Contact your regular doctor's office to get a flu shot. The vaccine is also available at many retail pharmacies.

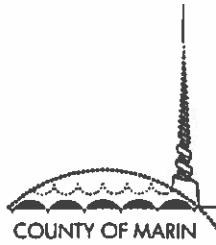
Although the flu is generally not harmful to generally healthy individuals, it can be a severe illness for children younger than 5 years old, pregnant women, adults age 65 years and older, and people with chronic health conditions or immune system problems that make it difficult to fight off infection. For these individuals, or anyone who is severely ill, we recommend contacting your medical provider for advice on antiviral flu medications.

For more information about the flu, please visit marinflu.org. To find a flu vaccine at a location near you, visit vaccinefinder.org. Thank you for taking action to keep your family and community healthy this winter.

Sincerely,



Lisa Santora, MD, MPH
Deputy Public Health Officer



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HEALTH AND HUMAN SERVICES

Promoting and protecting health, wellbeing, self-sufficiency, and safety of all in Marin County.



18 de enero de 2018

Estimados Padres/Tutores,

Grant Nash Colfax, MD
DIRECTOR

Matthew Willis, MD, MPH
PUBLIC HEALTH OFFICER

Lisa M. Santora, MD, MPH
DEPUTY PUBLIC HEALTH OFFICER

3240 Kerner Boulevard
San Rafael, CA 94901
415 473 4163 T
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La influenza (también conocida como la gripe) ha llegado temprano a Marin, California y a todo el país. La influenza es una infección viral que nos afecta el sistema respiratorio y, aunque la mayoría de las personas se recupera, algunas pueden enfermarse gravemente. En casos raros, la infección puede provocar la muerte. Está pronosticado que tendremos una temporada de gripe severa.

La gripe muchas veces se confunde con otros virus como el resfriado común o el norovirus (también llamado gripe "estomacal") que causa náuseas, vómitos y diarrea. La gripe, a diferencia del resfriado común o el norovirus, aparece de repente, tiene síntomas que son mucho peores y está van acompañados con fiebre.

Los síntomas de la gripe incluyen fiebre de más de 100.4º F, tos, dolor de garganta, nariz que moquea o bloqueada, dolores musculares o corporales, dolores de cabeza y fatiga.

Por favor considere las siguientes acciones para mantener sana a su familia y su comunidad escolar:

- **Quédese en casa** cuando esté enfermo y mantenga a sus hijos en casa cuando estén enfermos. Una persona puede transmitir la enfermedad desde 1 día antes hasta 7 días después del inicio de los síntomas. Recomendamos que un(a) niño(a) con gripe no regrese a la escuela hasta que haya dejado de tener fiebre durante un periodo de 24 horas sin el uso de medicamentos para tratar la fiebre, como Tylenol o Motrin. Si una persona está en contacto con una persona enferma de gripe, los síntomas generalmente tardan de 1 a 4 días en presentarse.
- **Lávese las manos frecuentemente** y a fondo con agua caliente y jabón o con un desinfectante para manos a base de alcohol.
- **Cúbrase la cara** con el antebrazo al toser o con un pañuelo desechable al estornudar.
- **Evite tocar sus ojos, nariz o boca.**

- **Limpie con frecuencia las superficies y los objetos que se tocan frecuentemente, como las perillas de las puertas y los teléfonos celulares.**
- **Vacúnese cada año. No es demasiado tarde para vacunarse contra la gripe.** Aún cuando no tenga un 100% de eficacia, puede ayudar a reducir la gravedad de los síntomas, las hospitalizaciones y las muertes relacionadas con la gripe. Además, las variedades de la gripe cambian durante la temporada, por lo que la vacuna podría ser más eficaz en algunos casos que en otros. Como recordatorio, los niños menores de 9 años que reciben la vacuna contra la gripe por primera vez deben recibir 2 dosis con al menos 4 semanas de diferencia. Comuníquese con el consultorio de su médico de cabecera para vacunarse contra la gripe. La vacuna también está disponible en muchas farmacias minoristas.

Aunque la gripe normalmente no es dañina para personas generalmente sanas, puede ser una enfermedad grave para niños menores de 5 años, mujeres embarazadas, personas mayores de 65 años de edad y personas con afecciones crónicas o problemas del sistema inmunológico que dificultan su capacidad para luchar contra la infección. A estas personas o a cualquiera que esté gravemente enferma, les recomendamos que se comuniquen con su profesional de la salud para que les aconseje sobre los medicamentos antivirales contra la gripe.

Para obtener más información sobre la gripe, conéctese a marinflu.org. Para encontrar una vacuna contra la gripe en un lugar cercano a usted, conéctese a vaccinefinder.org. Gracias por tomar medidas para mantener saludables a su familia y su comunidad este invierno.

Atentamente,



Lisa Santora, MD, MPH
Oficial Suplente de Salud Pública



School Tag

Gamifying the school commute

<http://wca.schooltag.org>



Have fun getting to school and earn prizes!

Top of the Leaderboard for Week 2

 Switzerland	 Monaco
 Kyrgyzstan	 Bangladesh
 Canada	 Mauritius
 Macedonia	 Ivory Coast
 Bosnia and Herzegovina	

Shout out of the week

Thanks to the minions for helping scan the backpack tags!

The Buzz

School Tag Winter Games is half way through. Kids are tagging in each morning. We are out of Tags but kids can still play by asking for a sticker or using their Clipper Card.

Why come early?

The bell rings at 8:12 and school starts at 8:15. Children that arrive early are well prepared to start the day and show appreciation to Willow Creek.

The traffic bottleneck is between 8:10-8:20 so arriving earlier will reduce the rush minutes and parent frustrations during the drop off.

Park and walk for more points and coins.



What's next?

Week 3 of the Winter Games will take place next week. The game only lasts 4 weeks.

Sneak preview of prizes....a special extra free dress day, toys and treats.

Go to <http://wca.schooltag.org> to learn more. Play School Tag

SUNDAY
8:30AM START

**FEB
11TH**

Ice Cream Fun Run

**MLK FIELD
SAUSALITO, CA**

**DISTANCE
1 MILE**

ALL PROCEEDS BENEFIT



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FRAMING & PRINTING

Totally 80's

THE ANNUAL WILLOW CREEK ACADEMY FUNDRAISER

MARCH 24 - 2018

FOR TICKETS & INFO VISIT THE WILLOW CREEK ACADEMY OFFICE
OR WWW.WILLOWCREEKACADEMY.SCHOOLAUCTION.NET/TOTALLY80S/

LIVE MUSIC! THE CHEESEBALLS

BURGERS + BOURBON
5-7 PM \$100 PER PERSON
FOOD BY F3, LIVE MUSIC, SPIRITS
TASTING BY ANCHOR DISTILLING

AN 80'S DANCE PARTY

7-10 PM \$35 PER PERSON

IDESST HALL - 511 CALEDONIA ST



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STEPHANIE PRATT
Golden Gate REAL ESTATE



cibo



**DUST OFF YOUR LEG WARMERS & PARACHUTE PANTS....
THE 80'S ARE BACK!**



**"TOTALLY 80'S" WILLOW CREEK FUNDRAISER
SATURDAY, MARCH 24 2018**

Girls Softball Spring 2018

The Sausalito Sea Lions is a girls recreational fast pitch softball team associated with the [Marin Girls Softball League](#). The Sea Lions will field three teams this spring, 8 & Under and 10 & Under and 12 & Under (age requirements are determined by player's birth year)
Practices and home games at MLK Sausalito (Coloma St)
Season begins Feb 15 and runs through May.

3 ROSTER SPOTS LEFT!!

For 8U and 10U Teams.

Email JoeBurnsMail@gmail.com for registration package.

8U Division

*****Girls born years 2010 and 2009*****

No previous experience. girls will learn basics and hit off tee in early practice. coach pitch for early games. finish season against girl pitchers. We start to develop pitchers and catchers. Practices will be 1x a week with 1 game a week on Saturday. Twelve player maximum. register now. Fee of \$250. 2 Spots.
Coaches Joe Burns and Will Flanders.



10U Division

*****Girls born years 2008 and 2007*****

Players will face girl fast pitch from opposing team, no base-on-balls. Pitchers and catchers are developed. Some previous experience preferred, coach assessment available before registration. Practices will be 2x a week with 1 or 2 games a week on Saturday and occasional weekday. Fee of \$295. 1 Spot
Coaches Yasmine McGrane and Bettina Ferrando



12U Division *****Girls born years 2006 and 2005*****

Players will face very fast pitch from opposing team. Solid fielding, sliding, hitting is desired, good knowledge of the game. It is quick. Practices will be 2x a week with 1 or 2 games a week on Saturday and occasional weekday. If less than minimum 10 players register then we will combine with a Marin City, Tiburon or Mill Valley team. Fee of \$295. Coaches Casey Leach, Ken Vogt, Dave Eggers. 1 SPOT for EXPERIENCED

*Fee includes equipment, shirt/cap. Players provide glove, shoes, pants and helmets for 12U. 10U&12U games are umpired and scored. MLK Coloma is home field.

Mountain Camp

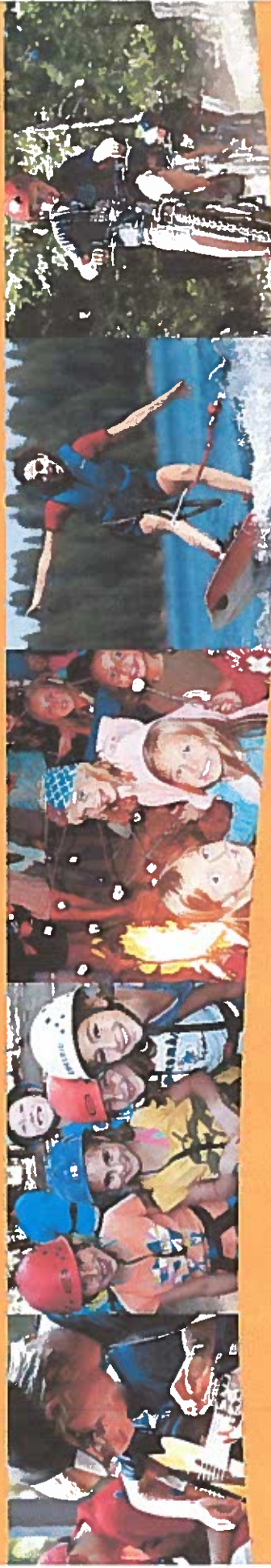
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107 CAMP
ASSOCIATION

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our video online at
mountaincamp.com
415.351.CAMP (2267)**

- Located near Lake Tahoe - just 3.5 hours from the Bay Area.
- 1 to 4 week sessions that run June, July and August.
- Activities include Sailing, Mountain Biking, Wakeboarding, Water Skiing, Tubing, Challenge Ropes Course, Arts & Crafts, Archery, Guitar, Gymnastics, Sports and Games, Fencing, Dance, Video Production, Overnights, Water Carnivals, & Much More!



Private co-ed resident camp for boys & girls ages 7 to 15