

MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast Yogurt Parfait CK Fruit Salad, Milk Lunch Bean and Rice Burrito Peach, Milk	Breakfast Zucchini Muffins CK Fruit Salad, Milk Lunch Grilled Cheese Tomato Soup Watermelon, Milk	Breakfast Cereal Apple, Milk Lunch Lemon Pepper Chicken Butter Pasta, Yellow Squash Apple, Milk	Breakfast Scrambled Egg CK Fruit Salad, Milk Lunch Hot Dogs Zucchini, Orange, Milk
Breakfast Hard Boiled Egg, Toast Apple, Milk Lunch Pasta with Pesto Sauce, Zucchini, Kiwi, Milk	Breakfast Yogurt Parfait Orange, Milk Lunch Nachos with Beans, Peach, Milk	Breakfast Yogurt Parfait CK Fruit Salad, Milk Lunch Korean Chicken Bowl, Corn Chips, Zucchini Watermelon, Milk	Breakfast Cereal CK Fruit Salad, Milk Lunch Shepards Pie Mashed Potato Apple, Milk	Breakfast Scrambled Egg Orange, Milk Lunch Cheeseburger Carrot Sticks, Orange, Milk
Breakfast Hard Boiled Egg, Toast Apple, Milk Lunch Pasta Marinara with Cheese Asst Veg., Kiwi, Milk	Breakfast Yogurt Parfait CK Fruit Salad, Milk Lunch Beef Taco Platter Peach, Milk	Breakfast Zucchini Muffins Apple, Milk Lunch Hamburger Helper, Chicken Drumstick Brown Jasmine Rice, Zucchini, Watermelon, Milk	Breakfast Cereal CK Fruit Salad, Milk Lunch BBQ Chicken Butter Pasta, CK Romaine Slaw, Apple, Milk	Breakfast Scrambled Eggs, Toast Apple, Milk Lunch Hot Dogs Carrot Sticks Orange, Milk
Breakfast Hard Boiled Egg, Toast Orange, Milk Lunch Mac and Cheese Broccoli, Watermelon, Milk	Breakfast Yogurt Parfait CK Fruit Salad, Milk Lunch Beef Taco Platter Rice, Pinto Beans Peach, Milk	Breakfast Zucchini Muffins Apple, Milk Lunch Pasta Marinara with Cheese Zucchini Watermelon, Milk	Breakfast Cereal CK Fruit Salad, Milk Lunch Korean Beef Bowl Brown Jasmine Rice, Potato Apple, Milk	Breakfast Scrambled Eggs, Toast Orange, Milk Lunch Beef Bolognaise Pasta Carrot Sticks Orange, Milk
28 Memorial Day	Breakfast Yogurt Parfait CK Fruit Salad, Milk Lunch Nachos with Beef Corn Chips, Peach, Milk	Breakfast Oatmeal Cinamon Apple, Milk Lunch Sloppy Joes Zucchini Watermelon, Milk	Breakfast Zucchini Muffins Orange, Milk Lunch Hot Dogs Carrot Sticks, Apple, Milk	31



BAYSIDE MLK ACADEMY

Meals will be prepared with fresh local organic seasonal sustainable and non gmo ingredients as best we can.
 Substitutions may occur based on availability of ingredients.

