

APRIL 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| Breakfast Hard Boiled Egg, Toast CK Fruit Salad, Milk 1 Lunch Mac and Cheese Cheese, Pasta, Cauliflower Apple, Milk | Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 2 Lunch Nachos with Beans Legume, Tortilla, Pinto Bean Orange, Milk | Breakfast Oatmeal Cinamon Apple, Milk 3 Lunch Ham and Cheese Sandwiches Grilled Cheese, Bread, Potato Banana, Milk | Breakfast Cereal CK Fruit Salad, Milk 4 Lunch Beef Bolognaise Pasta, Veggie Pie Pasta, Broccoli Apple, Milk | Breakfast Scrambled Eggs, Toast Orange, Milk 5 Lunch Sloppy Joes, Veggie Joes Hamburger Bun, Carrots and Ranch Orange, Milk |
| 8 | 9 | 10 | 11 | 12 |
| Spring Break | | | | |
| Breakfast Hard Boiled Egg, Toast Apple, Milk 15 Lunch Tomato Soup and Grilled Cheese Cheese, Bread, CK Slaw Apple, Milk | Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 16 Lunch Beef Taco Platter, Bean Taco Platter Rice, Pinto Bean Orange, Milk | Breakfast Seasonal Baked Good Muffin, Apple, Milk 17 Lunch Cheese Burger, Veggie Burger Hamburger Bun, Potato Kiwi, Milk | Breakfast Cereal CK Fruit Salad, Milk 18 Lunch BBQ Chicken, BBQ Tofu Rice, Cauliflower Orange, Milk | Breakfast Scrambled Eggs, Toast Orange, Milk 19 Lunch Pizza Day Cheese, Pizza Dough, CK Romaine Slaw Apple, Milk |
| Breakfast Hard Boiled Egg, Toast Apple, Milk 22 Lunch Pesto Pasta Pasta, Cheese, Zuchinni Apple, Milk | Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 23 Lunch Nachos w/ Beans, Nacho Cheese Sauce Corn Chips, Pinto Bean Kiwi, Milk | Breakfast Oatmeal Cinamon Apple, Milk 24 Lunch Beef Bolognaise Pasta, Marinara Hamburger Bun, Potato Orange, Milk | Breakfast Cereal CK Fruit Salad, Milk 25 Lunch Lemon Pepper Chicken, Lemon Pepper Tofu Brown Jasmine Rice, Zuchini Kiwi, Milk | Breakfast Scrambled Eggs, Toast Orange, Milk 26 Lunch Hot Dogs, Veggie Burger Hot Dog Bun, Sweet Potato Fries Apple, Milk |
| Breakfast Hard Boiled Egg, Toast Apple, Milk 29 Lunch Mac and Cheese Cheese, Pasta, CK Romaine Slaw Orange, Milk | Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 30 Lunch Beef Taco Platter Brown Jasmine Rice, Pinto Bean Orange, Milk | Breakfast Seasonal Baked Good, Muffin Apple, Milk 1 Lunch Korean Beef Bowl, Korean Veggie Bowl Brown Jasmine Rice, Carrot Stick Apple, Milk | Breakfast Cereal CK Fruit Salad, Milk 2 Lunch Breakfast for Lunch, Scrambled Egg Toast, Potato Mandarin, Milk | Breakfast Scrambled Eggs, Toast Orange, Milk 3 Lunch Chicken Alfredo, Mac and Cheese Pasta, CK Romaine Slaw Mandarin, Milk |



WILLOW CREEK ACADEMY

Meals will be prepared with fresh local organic seasonal sustainable
 and non gmo ingredients as best we can.
 Substitutions may occur based on availability of ingredients.

