

DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 3 Hard Boiled Egg, Toast Apple, Milk Lunch Mac and Cheese Carrot Sticks Apple, Milk	Breakfast 4 Yogurt Parfait, Granola CK Fruit Salad, Milk Lunch Beef Burrito, Bean Taco Platter Rice, Pinto Bean Orange, Milk	Breakfast 5 Oatmeal Cinnamon Apple, Milk Lunch Beef Chili, Veg Chili Cornbread, Assorted Vegetables Mandarin, Milk	Breakfast 6 Cereal CK Fruit Salad, Milk Lunch Turkey with Gravy, Marinara Cornbread, Mashed Potato Orange, Milk	Breakfast 7 Scrambled Eggs, Toast Apple, Milk Lunch Hot Dog, Veggie Burger Hot Dog Bun, Potato Orange, Milk
Breakfast 10 Hard Boiled Egg, Toast CK Fruit Salad, Milk Lunch Minestrone Soup Cheese, Bread, Assorted Vegetables Orange, Milk	Breakfast 11 Yogurt Parfait, Granola CK Fruit Salad, Milk Lunch Beef Nachos, Bean Nachos Tortilla, Pinto Bean Mandarin, Milk	Breakfast 12 Oatmeal Cinamon Apple, Milk Lunch Cheeseburger Bun, Potato Apple, Milk	Breakfast 13 Cereal CK Fruit Salad, Milk Lunch Chicken Teriyaki, Teriyaki Tofu Asian Noodles, Cauliflower Orange, Milk	Breakfast 14 Scrambled Eggs, Toast Orange, Milk Lunch Grilled Cheese Bread, CK Romaine Slaw Mandarin, Milk
Breakfast 17 Hard Boiled Egg, Toast Apple, Milk Lunch Mac and Cheese, Broccoli Apple, Milk	Breakfast 18 Yogurt Parfait, Granola CK Fruit Salad, Milk Lunch Beef Taco Platter, Bean Taco Platter Rice, Pinto Bean Orange, Milk	Breakfast 19 Oatmeal Cinamon Apple, Milk Lunch Sloppy Joes, Veggie Joes Hamburger Bun, Cauliflower Pear, Milk	Breakfast 20 Cereal Apple, Milk Lunch Hot Dog, Veggie Burger Hot Dog Bun, Potato Orange, Milk	Breakfast 21 Scrambled Eggs, Toast Apple, Milk Lunch Sunbutter and Jelly Sandwich, Bread, Carrot Sticks Apple, Milk
24	25	26	27	28
HOLIDAY BREAK				



WILLOW CREEK ACADEMY

Meals will be prepared with fresh local organic seasonal sustainable and non gmo ingredients as best we can.

Substitutions may occur based on availability of ingredients.

 **consciouskitchen**
 fresh local organic seasonal non-gmo school meals