

MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Hard Boiled Egg, Toast Apple, Milk 29 Lunch Mac and Cheese Cheese, Pasta, CK Romaine Slaw Orange, Milk	Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 30 Lunch Beef Taco Platter Brown Jasmine Rice, Pinto Bean Orange, Milk	Breakfast Seasonal Baked Good Muffin, Apple, Milk 1 Lunch Korean Beef Bowl, Korean Veggie Bowl Brown Jasmine Rice, Carrot Stick Apple, Milk	Breakfast Cereal CK Fruit Salad, Milk 2 Lunch Breakfast for Lunch, Scrambled Egg SunButter and J, Toast, Potato Banana, Milk	Breakfast Scrambled Eggs, Toast Orange, Milk 3 Lunch Chicken Alfredo, Mac and Cheese Pasta, CK Romaine Slaw Orange, Milk
Breakfast Hard Boiled Egg, Toast Apple, Milk 6 Lunch Pasta with Pesto Sauce Pasta, Cheese, Zucchini Kiwi, Milk	Breakfast Yogurt Parfait, Granola Orange, Milk 7 Lunch Nachos w/ Beans, Cheese Corn Chips, Pinto Bean Peach, Milk	Breakfast Oatmeal Cinamon Apple, Milk 8 Lunch Chicken Teriyaki, Tofu Teriyaki Brown Jasmine Rice Zuchinni Watermelon, Milk	Breakfast Cereal CK Fruit Salad, Milk 9 Lunch Shepards Pie, Veggie Pie Toast, Mashed Potato Apple, Milk	Breakfast Scrambled Eggs, Toast Orange, Milk 10 Lunch Cheese Burger, Veggie Burger Hamburger Bun, Carrot Sticks Orange, Milk
Breakfast Hard Boiled Egg, Toast Apple, Milk 13 Lunch Pasta Marinara with Cheese Cheese, Pasta, Asst. Vegetables Kiwi, Milk	Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 14 Lunch Beef Taco Platter, Bean Enchiladas Tortilla, Pinto Bean Peach, Milk	Breakfast Seasonal Baked Good, Muffin, Apple, Milk 15 Lunch BBQ Chicken, BBQ Tofu Brown Jasmine Rice, Zuchinni Watermelon, Milk	Breakfast Cereal CK Fruit Salad, Milk 16 Lunch Lemon Pepper Chicken Lemon Pepper Tofu Butter Pasta, CK Romaine Slaw Apple, Milk	Breakfast Scrambled Eggs, Toast Apple, Milk 17 Lunch Hot Dogs, Veggie Burger Hot Dog Bun, Carrot Sticks Orange, Milk
Breakfast Hard Boiled Egg, Toast Orange, Milk 20 Lunch Mac and Cheese Pasta, Cheese, Broccoli Watermelon, Milk	Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 21 Lunch Nachos w/ Beans, Cheese Corn Chips, Pinto Bean Apple, Milk	Breakfast Oatmeal Cinamon Apple, Milk 22 Lunch Korean Beef Bowl, Korean Tofu Bowl Brown Jasmine Rice, Potato Apple, Milk	Breakfast Cereal CK Fruit Salad, Milk 23 Lunch Chicken Curry, Veg Curry Brown Jasmine Rice, Cauliflower Orange, Milk	Breakfast Scrambled Eggs, Toast Orange, Milk 24 Lunch Hot Dogs, Veggie Burger Hot Dog Bun, Carrot Sticks Apple, Milk
27 Memorial Day	Breakfast Yogurt Parfait, Granola CK Fruit Salad, Milk 28 Lunch Nachos w/ Beans, Cheese Corn Chips, Pinto Bean Peach, Milk	Breakfast Oatmeal Cinamon Apple, Milk 29 Lunch Sloppy Joes, Veggie Joes Hamburger Bun, Carrot Stick Watermelon, Milk	Breakfast Seasonal Baked Good, Muffin Orange, Milk 30 Lunch Pasta Marinara with Cheese Toast, Cheese, Pasta, Zucchini Watermelon, Milk	Breakfast Scrambled Eggs, Toast Orange, Milk 31 Lunch Beef Mac and Cheese Pasta, Broccoli Apple, Milk



WILLOW CREEK ACADEMY

Meals will be prepared with fresh local organic seasonal sustainable and non gmo ingredients as best we can.
 Substitutions may occur based on availability of ingredients.

