

Willow Creek Academy Wellness Policy

The Willow Creek Academy Board of Directors recognizes that students need adequate, nourishing food in order to grow, learn, and maintain good health. Foods and beverages available through our meals program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
2. Meet or exceed nutritional standards specified in law and administrative regulations
3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits
4. Be served in age-appropriate portions
5. Be sold at reasonable prices

Our meals program shall give priority to serving unprocessed foods and fresh fruits and vegetables that are not deep fried.

The Head of School shall encourage the participation of students and families in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The Head of School shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

In accordance with law, the Head Chef shall develop and maintain a food safety program in order to reduce the risk of food-borne hazards at each step of the food preparation process, from receiving to service.

The Head of School shall annually report to the Board regarding the school's compliance with state and federal nutritional standards for foods and beverages.

Agendized for November 1, 2016